

AN ADDEDUM TO THE PAPER "SOME ELEMENTARY ESTIMATES FOR THE NAVIER-STOKES SYSTEM"

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ABSTRACT. In this paper we give a proof of the existence of global regular solutions to the Fourier transformed Navier-Stokes system with small initial data in $\Phi(2)$ via an iteration argument. The proof of the regularity theorem is a minor modification of the proof given in the paper "Some elementary estimates for the Navier-Stokes system", so this paper is intended to be just a complement to the afore mentioned paper.

1. INTRODUCTION

A Generalized Navier-Stokes system (with periodic boundary conditions on $[0, 1]^3$) is a system of the form

$$(1) \quad v^k(\xi, t) = \psi^k(\xi) \exp(-|\xi|^2 t) + \int_0^t \exp(-|\xi|^2(t-s)) \sum_{\mathbf{q} \in \mathbb{Z}^3} M_{ijk}(\xi) v^i(q, s) v^j(\xi - q, s) ds,$$

for $\xi \in \mathbb{Z}^3$, and where $M_{ijk}(\xi)$ satisfies the bound

$$|M_{ijk}(\xi)| \leq |\xi|.$$

To solve this problem it is usual to consider the following iteration scheme

$$v_{n+1}^k(\xi, t) = \psi^k(\xi) \exp(-|\xi|^2 t) + \int_0^t \exp(-|\xi|^2(t-s)) \sum_{\mathbf{q} \in \mathbb{Z}^3} M_{ijk}(\xi) v_n^i(q, s) v_n^j(\xi - q, s) ds.$$

In what follows we will show the convergence of this method for small initial conditions on $\Phi(2)$ (for the definition of the space $\Phi(2)$ see [4]). More exactly we will show that

Theorem 1. *There exists an $\epsilon > 0$ such that if $\|\psi\|_2 < \epsilon$, then (1) has a global regular solution with initial condition ψ .*

The main purpose on writing this note is for it to serve as a complement to our paper [4], and to show that the free divergence condition, neither the fact of considering Leray-Hopf weak solutions is an issue for the proofs presented in that paper.

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2. EXISTENCE

We start with two auxiliary results,

Lemma 1. *There exists an $\epsilon > 0$ such that if $\|\psi\| < \epsilon$ then the sequence $v_n^k(\xi, t)$ is uniformly bounded on $[0, T]$ for ξ fixed.*

Proof. To proof this fact it is enough to show that if

$$|v_n^k(\xi, t)| \leq \frac{\epsilon}{|\xi|^2}$$

then

$$(2) \quad \left| \sum_{\mathbf{q} \in \mathbb{Z}^3} M_{ijk}(\xi) v_n^i(q, s) v_n^j(\xi - q, s) \right| \leq c\epsilon^2,$$

where c is a universal constant, because then we would have, for any $t \geq 0$ and $\epsilon > 0$ small enough,

$$\begin{aligned} |v_{n+1}^k(\xi, t)| &\leq |\psi^k(\xi)| \exp(-|\xi|^2 t) + c \int_0^t \exp(t-s) \epsilon^2 ds \\ &\leq \frac{\epsilon}{|\xi|^2} \exp(-|\xi|^2 t) + \frac{c\epsilon^2}{|\xi|^2} (1 - \exp(-|\xi|^2 t)) \\ &\leq \frac{\epsilon}{|\xi|^2} \exp(-|\xi|^2 t) + \frac{\epsilon}{|\xi|^2} (1 - \exp(-|\xi|^2 t)) = \frac{\epsilon}{|\xi|^2}. \end{aligned}$$

We proceed to show the validity of (2). Write

$$\sum_{\mathbf{q} \in \mathbb{Z}^3} M_{ijk}(\xi) v_n^i(q, s) v_n^j(\xi - q, s) = I + II + III,$$

where

$$\begin{aligned} I &= \sum_{1 \leq |q| \leq 2|\xi|, 1 \leq |\xi - q| \leq \frac{|\xi|}{2}} M_{ijk}(\xi) v_n^i(\xi, t) v_n^j(\xi - q, t), \\ II &= \sum_{1 \leq |q| \leq 2|\xi|, |\xi - q| > \frac{|\xi|}{2}} M_{ijk}(\xi) v_n^i(\xi, t) v_n^j(\xi - q, t), \end{aligned}$$

and

$$III = \sum_{|q| > 2|\xi|} M_{ijk}(\xi) v_n^i(\xi, t) v_n^j(\xi - q, t).$$

To estimate I observe that if $|\xi - q| \leq \frac{|\xi|}{2}$, then $|q| \geq \frac{|\xi|}{2}$. Therefore, using that

$$|M_{ijk}(\xi)| \leq c|\xi|$$

and the elementary inequality

$$(3) \quad \sum_{1 \leq |q| < r} \frac{1}{|q|^2} \leq cr$$

(where c is a universal constant) we can bound as follows,

$$\begin{aligned} |I| &\leq c|\xi| \frac{\epsilon^2}{|\xi|^2} \sum_{1 \leq |\xi - q| \leq \frac{|\xi|}{2}} \frac{1}{|\xi - q|^2} \\ &\leq \frac{c\epsilon^2}{|\xi|} \frac{|\xi|}{2} = c\epsilon^2. \end{aligned}$$

II can be estimated in the same way, so we also obtain

$$|II| \leq c\epsilon^2.$$

To estimate III , first notice that $|q| > 2|\xi|$ implies that $|\xi - q| \geq \frac{1}{2}|q|$. Hence, using the inequality

$$(4) \quad \sum_{|q| \geq r} \frac{1}{|q|^4} \leq \frac{c}{r},$$

we can bound as follows,

$$\begin{aligned} |III| &\leq c|\xi| \epsilon^2 \sum_{|q| > 2|\xi|} \frac{1}{|q|^2} \frac{1}{|\xi - q|^2} \\ &\leq c|\xi| \epsilon^2 \sum_{|q| > 2|\xi|} \frac{1}{|q|^4} \\ &\leq c|\xi| \epsilon^2 \frac{1}{|\xi|} = c\epsilon^2. \end{aligned}$$

This shows the lemma. \square

Lemma 2. *If there is an $\epsilon > 0$ such that the sequence $v_n^k(\xi, t)$ satisfies*

$$\|v_n^k(t)\|_2 < \epsilon \quad \text{for all } t \in [0, T]$$

The sequence $v_n^k(\xi, t)$ is equicontinuous on $[0, T]$ for ξ fixed.

Proof. Let $t_1, t_2 \in (\rho, T)$, $t_2 > t_1$. Then we estimate for ξ fixed

$$|v_{n+1}^k(\xi, t_2) - v_{n+1}^k(\xi, t_1)| \leq I + II + III$$

where

$$I = |\psi^k(\xi)| \left| \exp(-|\xi|^2 t_2) - \exp(-|\xi|^2 t_1) \right|,$$

$$\begin{aligned} II &= \int_0^{t_1} \left| \exp(-|\xi|^2(t_2 - s)) - \exp(-|\xi|^2(t_1 - s)) \right| \\ &\quad \sum_{\mathbf{q} \in \mathbb{Z}^3} |M_{ijk}(\xi) v_n^i(q, s) v_n^j(\xi - q, s)| ds \end{aligned}$$

and

$$III = \int_{t_1}^{t_2} \exp(-|\xi|^2(t - s)) \sum_{\mathbf{q} \in \mathbb{Z}^3} |M_{ijk}(\xi) v_n^i(q, s) v_n^j(\xi - q, s)| ds.$$

Let us bound each of the previous expressions,

$$\begin{aligned} I &= \left| \exp(-|\xi|^2 t_1) \right| \left| 1 - \exp(-|\xi|^2(t_2 - t_1)) \right| \\ &\leq \frac{\epsilon}{|\xi|^2} |\xi|^2 |t_2 - t_1| = \epsilon |t_2 - t_1|, \end{aligned}$$

$$\begin{aligned}
II &\leq \int_0^{t_1} \left| \exp \left(-|\xi|^2 (t_2 - s) \right) - \exp \left(-|\xi|^2 (t_1 - s) \right) \right| \epsilon^2 ds \\
&= \int_{\tau_n}^{t_1} \exp \left(-|\xi|^2 (t_1 - s) \right) \left| 1 - \exp \left(-|\xi|^2 (t_2 - t_1) \right) \right| \epsilon^2 ds \\
&\leq |\xi|^2 (t_2 - t_1) \frac{1}{|\xi|^2} \left| 1 - \exp \left(-|\xi|^2 t_1 \right) \right|,
\end{aligned}$$

$$\begin{aligned}
III &\leq \int_{t_1}^{t_2} \epsilon^2 \exp \left(-|\xi|^2 (t_2 - s) \right) ds \\
&\leq \frac{\epsilon^2}{|\xi|^2} \left| 1 - \exp \left(-|\xi|^2 (t_2 - t_1) \right) \right| \leq \frac{1}{|\xi|^2} \epsilon^2 |\xi|^2 |t_2 - t_1|,
\end{aligned}$$

and hence

$$|v_{n+1}^k(\xi, t_2) - v_{n+1}^k(\xi, t_1)| < C(\epsilon)(t_2 - t_1)$$

for $n \geq 0$, and the lemma is proved. \square

The previous Lemmas via the theorem of Arzela-Ascoli, using Cantor's diagonal procedure, show that there is a well defined $v \in \Phi(2)$ defined on $[0, T]$ such that,

$$\begin{aligned}
(5) \quad v^k(\xi, t) &= v^k(\xi, t) \exp \left(-|\xi|^2 t \right) \\
&\quad + \int_0^t \exp \left(-|\xi|^2 (t - s) \right) \sum_{\mathbf{q} \in \mathbb{Z}^3} M_{ijk}(\xi) v^i(q, s) v^j(\xi - q, s) ds
\end{aligned}$$

Let us give a proof of this. To simplify notation, let us assume that the sequence converging uniformly on $[0, T]$ for each ξ is the sequence $v_n(\xi, t)$. By what we have shown, there exists a D not depending on t , ξ or n such that

$$|v_n^j(\xi, t)| \leq \frac{D}{|\xi|^2}.$$

Let ξ be fixed, and let $\eta > 0$ arbitrary. the previous estimate allows us to choose a Q such that

$$\left| \sum_{|q| \geq Q} M_{ijk}(\xi) v_n^i(\xi, t) v_n^j(\xi, t) \right| \leq \eta.$$

and also that the same inequality is valid with v_n replaced by v (this can be done since the choice of Q only depends on D). Hence we have

$$\begin{aligned}
|v_{n+1}^k(\xi, t) - v^k(\xi) \exp \left(-|\xi|^2 t \right)| &= \left| \int_0^t \exp \left(-|\xi|^2 (t - s) \right) \sum_{1 \leq |q| < Q} M_{ijk}(\xi) v_n^i(q, s) v_n^j(\xi - q, s) ds \right| \\
&\leq \eta
\end{aligned}$$

Taking $n \rightarrow \infty$, we obtain

$$\begin{aligned} |v^k(\xi, t) - \psi^k(\xi) \exp(-|\xi|^2 t) \\ - \int_0^t \exp(-|\xi|^2(t-s)) \sum_{1 \leq |q| < Q} M_{ijk}(\xi) v^i(q, s) v^j(\xi - q, s) ds| \\ \leq \eta \end{aligned}$$

and from this follows that

$$\begin{aligned} |v^k(\xi, t) - \psi^k(\xi) \exp(-|\xi|^2 t) \\ - \int_0^t \exp(-|\xi|^2(t-s)) \sum_{q \in \mathbb{Z}^3} M_{ijk}(\xi) v^i(q, s) v^j(\xi - q, s) ds| \\ \leq 2\eta. \end{aligned}$$

Since $\eta > 0$ is arbitrary, our claim is proved.

3. REGULARITY

We shall show now that the solutions produced by the iteration scheme are regular under certain smallness condition. Indeed, we have

Theorem 2. *Let $v \in L^\infty(0, T; \Phi(2))$ be a solution to (1). There exists an $\epsilon > 0$ such that if there is a k_{-1} for which v satisfies*

$$(6) \quad \sup_{|\xi| \geq k_{-1}} |\xi|^2 |v^k(\xi, t)| < \epsilon \quad \text{for all } t \in (0, T)$$

then v is smooth.

To prove Theorem 2 we will need to estimate term

$$\sum M_{ijk}(\xi) u^i(q) u^j(\xi - q).$$

This is the content of Lemma 3. But before we state and prove Lemma 3 and in order to express our estimates in a convenient way we will define to sequences of numbers. Namely

$$\begin{cases} \mu_0 = 1 & \mu_1 = 1 \\ \mu_{n+1} = 2\mu_n - 1, & n \geq 2 \end{cases}$$

and

$$k_n = \frac{1}{\epsilon^{2^n}} k_0$$

where k_0 is such that

$$\frac{k_{-1}}{k_0} \cdot D < \min \left\{ \epsilon, \frac{1}{2} \right\}$$

and $D = \sup_{(0, T)} \|u(t)\|$.

We are now ready to estate and prove,

Lemma 3. *Assume that for all ξ such that $|\xi| \geq k_{-1}$*

$$|v^k(\xi, s)| \leq \frac{\epsilon}{|\xi|^2}$$

and if $|\xi| \geq k_m$

$$|v^k(\xi, s)| \leq \frac{\epsilon^{\mu_m}}{|\xi|^2}$$

Then for $|\xi| \geq k_{m+1}$ it holds that,

$$\left| \sum_{q \in \mathbb{Z}^3} M_{ijk}(\xi) v^i(q, s) v^j(\xi - q, s) \right| \leq \epsilon^{\mu_{m+1}}.$$

Proof. First recall that $|M_{ijk}(\xi)| \leq c|\xi|$.

$$\begin{aligned} (7) \quad & \leq |\xi| \sum_{1 \leq |q| < k_{-1}} |v^i(q, s) v^j(\xi - q, s)| + |\xi| \sum_{k_{-1} \leq |q| < k_m} |v^i(q, s) v^j(\xi - q, s)| \\ & + |\xi| \sum_{|q| \geq k_m} |v^i(q, s) v^j(\xi - q, s)| \end{aligned}$$

We estimate the first sum. Observe that $k_{-1} \leq \frac{|\xi|}{2}$, so if $|q| < k_{-1}$, we must have $|\xi - q| \geq \frac{|\xi|}{2}$. Hence, using the elementary inequality (3), we can bound

$$\begin{aligned} \sum_{1 \leq |q| < k_{-1}} |v^i(q, s) v^j(\xi - q, s)| & \leq \frac{4\epsilon^{\mu_m}}{|\xi|^2} \sum_{1 \leq |q| < k_{-1}} \frac{D}{|q|^2} \\ & \leq 4c\epsilon^{\mu_m} \frac{k_{-1}}{k_m} \leq 4c\epsilon^{2\mu_m} \end{aligned}$$

To estimate the second sum, notice that if $|\xi| \geq k_{m+1}$ and $|q| \leq k_m$, then $|\xi - q| \geq \frac{|\xi|}{2} \geq k_m$. All this said, using inequality (3) again we obtain,

$$\begin{aligned} \sum_{1 \leq |q| < k_m} |v^i(q, s) v^j(\xi - q, s)| & \leq \frac{4\epsilon^{\mu_m}}{|\xi|^2} \sum_{1 \leq |q| < k_m} \frac{\epsilon}{|q|^2} \\ & \leq \frac{4\epsilon^{\mu_m}}{|\xi|^2} \epsilon k_m \end{aligned}$$

Observe now that $\frac{k_m}{k_{m+1}} \leq \epsilon^{2^m} \leq \epsilon^{\mu_m}$. This yields the bound,

$$\sum_{1 \leq |q| < k_m} |v^i(q, s) v^j(\xi - q, s)| \leq \frac{4\epsilon^{\mu_m}}{|\xi|} \frac{k_m}{k_{m+1}} \leq \frac{4\epsilon^{2\mu_m}}{|\xi|}$$

To estimate the second sum on the righthand side of (7) we split it into three sums, namely

$$\begin{aligned} (8) \quad \sum_{|q| \geq k_m} |v^i(q, s) v^j(\xi - q, s)| & = \sum_{k_m \leq |q| < \frac{|\xi|}{2}} |v^i(q, s) v^j(\xi - q, s)| \\ & + \sum_{\frac{|\xi|}{2} \leq |q| < 2|\xi|} |v^i(q, s) v^j(\xi - q, s)| \\ & + \sum_{|q| \geq 2|\xi|} |v^i(q, s) v^j(\xi - q, s)| \end{aligned}$$

Estimating the three sums on the right hand side separately. Observe that if $|q| \leq \frac{|\xi|}{2}$ then we must have $|\xi - q| \geq \frac{|\xi|}{2} > k_m$. Therefore, using inequality (3), we get

$$\begin{aligned} \sum_{k_m \leq |q| < \frac{|\xi|}{2}} |v^i(q, s) v^j(\xi - q, s)| &\leq \frac{4\epsilon^{2\mu_m}}{|\xi|^2} \sum_{1 \leq |q| < \frac{|\xi|}{2}} \frac{1}{|q|^2} \\ &\leq \frac{4\epsilon^{2\mu_m}}{|\xi|} \end{aligned}$$

To estimate the second sum we split it into two sums,

$$\begin{aligned} \sum_{\frac{|\xi|}{2} \leq |q| < 2|\xi|} |v^i(q, s) v^j(\xi - q, s)| &= \sum_{\frac{|\xi|}{2} \leq |q| < 2|\xi|, k_m \leq |\xi - q|} |v^i(q, s) v^j(\xi - q, s)| \\ &+ \sum_{\frac{|\xi|}{2} \leq |q| < 2|\xi|, |\xi - q| < k_m} |v^i(q, s) v^j(\xi - q, s)| \end{aligned}$$

Estimating the first sum on the righthandside of the previous equality,

$$\begin{aligned} \sum_{\frac{|\xi|}{2} \leq |q| < 2|\xi|, |\xi - q| \geq k_m} |v^i(q, s) v^j(\xi - q, s)| &\leq \frac{4\epsilon^{2\mu_m}}{|\xi|^2} \sum_{1 \leq |\xi - q| < 3|\xi|} \frac{1}{|\xi - q|^2} \\ &\leq \frac{12\epsilon^{2\mu_m}}{|\xi|} \end{aligned}$$

The estimation of the second sum proceeds in exactly the same way as the estimation of the first sum on the right hand side of (7), and hence we obtain

$$\sum_{\frac{|\xi|}{2} \leq |q| < 2|\xi|, |\xi - q| < k_m} |v^i(q, s) v^j(\xi - q, s)| \leq \frac{4\epsilon^{2\mu_m}}{|\xi|}.$$

Now we estimate the third sum in the righthandside of (8). Using that $|q| \geq 2|\xi|$ implies that $|\xi - q| \geq \frac{1}{2}|q|$, and inequality (4) we can bound,

$$\sum_{|q| \geq 2|\xi|} |v^i(q, s) v^j(\xi - q, s)| \leq 4\epsilon^{2\mu_m} \sum_{|q| \geq 2|\xi|} \frac{1}{|q|^4} \leq \frac{4\epsilon^{2\mu_m}}{|\xi|}$$

Putting all the previous estimations together, we arrive at

$$\left| \sum_{q \in \mathbb{Z}^3} M_{ijk}(\xi) v^i(q, s) v^j(\xi - q, s) \right| \leq |\xi| \left(\frac{28\epsilon^{\mu_m}}{|\xi|} \right),$$

and if we assume $0 < \epsilon < \frac{1}{28}$, the previous inequality reads as

$$\left| \sum_{q \in \mathbb{Z}^3} M_{ijk}(\xi) v^i(q, s) v^j(\xi - q, s) \right| \leq \epsilon^{2\mu_m - 1} \leq \epsilon^{\mu_m + 1},$$

and the Lemma is proved. \square

3.1. Proof of Theorem 2. Given $0 < \rho < T$, we will first show that for a constant $K(\rho)$, there exists a constant D such that if $|\xi| \geq K(\rho)$ then

$$|v^k(\xi, t)| \leq \frac{D}{|\xi|^{2+\frac{1}{4}}} \quad \text{if } t > \rho.$$

Define

$$\tau_m = \rho - \frac{\rho}{2^m}.$$

We will show by induction that

$$(P) \quad v^k(\xi, t) \leq \frac{\epsilon^{\mu_n}}{|\xi|^2} \quad \text{if } t > \tau_n \quad \text{and} \quad |\xi| \geq k_n.$$

For $n = 0$, our choice of k_0 guarantees that (P) holds. Assume that (P) holds for $n = m$. First observe that v satisfies

$$\begin{aligned} v^k(\xi, t) &= v^k(\xi, \tau_n) \exp\left(-|\xi|^2(t - \tau_n)\right) \\ &\quad + \int_{\tau_n}^t \exp\left(-|\xi|^2(t - s)\right) \sum_{\mathbf{q} \in \mathbb{Z}^3} M_{ijk}(\xi) v^i(q, s) v^j(\xi - q, s) ds. \end{aligned}$$

Using this identity, we bound as follows,

$$\begin{aligned} v^k(\xi, t) &\leq v^k(\xi, \tau_m) \exp\left(-|\xi|^2(t - \tau_m)\right) + \int_{\tau_m}^t \exp\left(-|\xi|^2(t - s)\right) \epsilon^{2\mu_m} ds \\ &\leq \frac{\epsilon^{\mu_m}}{|\xi|^2} \exp(-k_{m+1}(\tau_{m+1} - \tau_m)) \\ &\quad + \frac{\epsilon^{2\mu_m}}{|\xi|^2} \left(\exp\left(-|\xi|^2 \tau_m\right) - \exp\left(-|\xi|^2 t\right) \right) \\ &\leq \frac{\epsilon^{\mu_m}}{|\xi|^2} + \frac{\epsilon^{2\mu_m}}{|\xi|^2}. \end{aligned}$$

From this last bound it follows that if $t \geq \rho > \rho - \frac{\rho}{2^m}$, then if $k_m \leq |\xi| < k_{m+1}$ it holds that

$$|v^k(\xi, t)| \leq \frac{\epsilon^{\mu_m}}{|\xi|^2}.$$

Since $\mu_m \geq 2^{n-1}$ and $k_m = \frac{k_0}{\epsilon^{2^m}}$, it is easy to check that $\epsilon^{\mu_m} \leq \frac{k_0^{\frac{1}{4}}}{|\xi|^{\frac{1}{4}}}$. Hence for all $t \geq \rho$ the following estimate holds,

$$|v^k(\xi, t)| \leq \frac{D}{|\xi|^{2+\frac{1}{4}}}.$$

The following Lemma will then finish the proof of Theorem 2.

Lemma 4. *Let v be a solution to (FNS) such that for all $t \in (0, T)$ satisfies*

$$|v^k(\xi, t)| \leq \frac{D}{|\xi|^{2+\eta}}$$

with D and $\eta > 0$ independent of t . Then v is smooth.

Proof. Let $\rho > 0$. Under the hypothesis of the Lemma, we will show that there exists a constant $K := K(\rho)$ such that if $t > T$ and $|\xi| > K$, then for a constant E independent of time,

$$|v^k(\xi, t)| \leq \frac{E}{|\xi|^{2+\min(\frac{1}{2}, \frac{3}{2}\eta)}}.$$

Since $\rho > 0$ is arbitrary, a finite number of applications of the previous claim shows that for any $\rho > 0$, the Fourier transform of v decays faster than any polynomial, and this shows the lemma.

First, we will estimate the term

$$S = \sum_{q \in \mathbb{Z}^3} M_{ijk}(\xi) v^i(\xi, s) v^j(\xi, s)$$

under the hypotesis of the lemma. In order to do this we write,

$$S = I_a + I_b + II_a + II_b + III_a + III_b + IV_a + IV_b$$

where

$$\begin{aligned} I_a &= \sum_{1 \leq |q| \leq \sqrt{|\xi|}} M_{ijk}(\xi) v^i(\xi, s) v^j(\xi, s), \\ II_a &= \sum_{\sqrt{|\xi|} < |q| \leq \frac{|\xi|}{2}} M_{ijk}(\xi) v^i(\xi, s) v^j(\xi, s), \\ III_a &= \sum_{|q| \geq \frac{|\xi|}{2}, 1 \leq |\xi - q| < 2|\xi|} M_{ijk}(\xi) v^i(\xi, s) v^j(\xi, s), \end{aligned}$$

and

$$IV_a = \sum_{|q| \geq \frac{|\xi|}{2}, |\xi - q| \geq 2|\xi|} M_{ijk}(\xi) v^i(\xi, s) v^j(\xi, s)$$

The corresponding I_b, II_b, III_b and IV_b are the same as their a counterparts, except that the role of q and $\xi - q$ is interchanged. Noticed that by the triangular inequality not both q and $\xi - q$ can be less than $\frac{|\xi|}{2}$, and hence all possible cases are covered.

Since $|q| < \sqrt{|\xi|} < \frac{|\xi|}{2}$, and hence $|\xi - q| \geq \frac{|\xi|}{2}$. Hence we have,

$$\begin{aligned} |I_a| &\leq |\xi| \sum_{1 \leq |q| \leq \sqrt{|\xi|}} \frac{D}{|q|^{2+\eta}} \frac{D}{|\xi - q|^{2+\eta}} \\ &\leq |\xi| \frac{2^{2+\eta} D^2}{|\xi|^{2+\eta}} \sum_{1 \leq |q| \leq \sqrt{|\xi|}} \frac{D}{|q|^2} \end{aligned}$$

and by inequality (3)

$$\leq |\xi| \frac{2^{2+\eta} D^2}{|\xi|^{2+\eta}} \sqrt{|\xi|} = \frac{2^{2+\eta} D^2}{|\xi|^{\frac{1}{2}+\eta}}.$$

Estimating II_a and III_a is pretty straightforward, via the inequality

$$\sum_{1 \leq |q| < r} 1 \leq cr^3.$$

Indeed,

$$\begin{aligned} |II_a| &\leq |\xi| \frac{2^{2+\eta} D}{|\xi|^{2+\eta}} \cdot \frac{D}{(\sqrt{|\xi|})^{2+\eta}} \left(\sum_{|q| \leq \frac{|\xi|}{2}} 1 \right) \\ &\leq \frac{2^{2+\eta} D}{|\xi|^{1+\eta}} \cdot \frac{D}{|\xi|^{1+\frac{\eta}{2}}} |\xi|^3 = \frac{2^{2+\eta} D^2}{|\xi|^{\frac{3}{2}+\eta}}. \end{aligned}$$

$$\begin{aligned}
|III_a| &\leq |\xi| \sum_{|q| \geq \frac{|\xi|}{2}, \frac{|\xi|}{2} \leq |\xi - q| < 2|\xi|} \frac{D}{|q|^{2+\eta}} \frac{D}{|\xi - q|^{2+\eta}} \\
&\leq |\xi| \cdot \frac{2^{2+\eta} D^2}{|\xi|^{4+2\eta}} \left(\sum_{1 \leq |\xi - q| < 2|\xi|} 1 \right) \\
&\leq \frac{2^{2+\eta}}{|\xi|^{2\eta}}
\end{aligned}$$

Finally, using that $|\xi - q| \geq 2|\xi|$ and $|q| \geq \frac{|\xi|}{2}$ imply that $|q| \geq \frac{2}{3}|\xi - q|$ and inequality (4) we can bound IV_a as follows,

$$\begin{aligned}
|IV_a| &\leq |\xi| \sum_{|q| \geq \frac{|\xi|}{2}, |\xi - q| \geq 2|\xi|} \frac{D}{|q|^{2+\eta}} \frac{D}{|\xi - q|^{2+\eta}} \\
&\leq \frac{2^{2\eta}}{|\xi|^{2\eta}} \left(\frac{3}{2} \right)^{2+\eta} \sum_{|q| \geq \frac{|\xi|}{2}} \frac{D^2}{|q|^4} \\
&\leq |\xi| \frac{1}{|\xi|^{2\eta}} \frac{D^2}{|\xi|} = \frac{D^2}{|\xi|^{2\eta}}.
\end{aligned}$$

The proof is now complete. \square

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